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Think Like a Champion, Dance Like a Star (English Edition)



Par Grant Davies

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Description :

Prsentation de l'diteurThis is a powerful dance book written to inspire and motivate dancers, dance parents, and dance teachers. The most important part of a dancer's body is between the ears! These ideas are inspiring, effective, entertaining, and direct. They feed a dancer's mind and pump up the joy in their soul.This is the first in a series of top-selling dance books written by the multi-award-winning co-director of RGDANCE Australia, Grant Davies, a teacher and coach who has helped thousands of dancers all around

the world achieve their dreams fast! Check out his studio at rgdance.com or follow him on Facebook at RGDance. THIS BOOK IS ABOUT: Inspiring you to improve Making you think Making you think about "YOU" Exciting you Encouraging discussion Helping you to have FUN in what you love Helping you love what is so much fun... DANCING! THIS BOOK IS NOT ABOUT: How to dance Teaching you perfect dance technique The perfect photo Agreeing with everything that is written in it! This and the follow-up book, "The Next Step," take dancers through strategies, skills, ideas, and visualizations that inspire, encourage, and excite them to dance better, to live better, to create and express themselves at their top capacity, and to have a whole lot of fun doing it. Prsentation de l'diteur This is a powerful dance book written to inspire and motivate dancers, dance parents, and dance teachers. The most important part of a dancer's body is between the ears! These ideas are inspiring, effective, entertaining, and direct. They feed a dancer's mind and pump up the joy in their soul. This is the first in a series of top-selling dance books written by the multi-award-winning co-director of RGDANCE Australia, Grant Davies, a teacher and coach who has helped thousands of dancers all around the world achieve their dreams fast! Check out his studio at rgdance.com or follow him on Facebook at RGDance. THIS BOOK IS ABOUT: Inspiring you to improve Making you think Making you think about "YOU" Exciting you Encouraging discussion Helping you to have FUN in what you love Helping you love what is so much fun... DANCING! THIS BOOK IS NOT ABOUT: How to dance Teaching you perfect dance technique The perfect photo Agreeing with everything that is written in it! This and the follow-up book, "The Next Step," take dancers through strategies, skills, ideas, and visualizations that inspire, encourage, and excite them to dance better, to live better, to create and express themselves at their top capacity, and to have a whole lot of fun doing it.