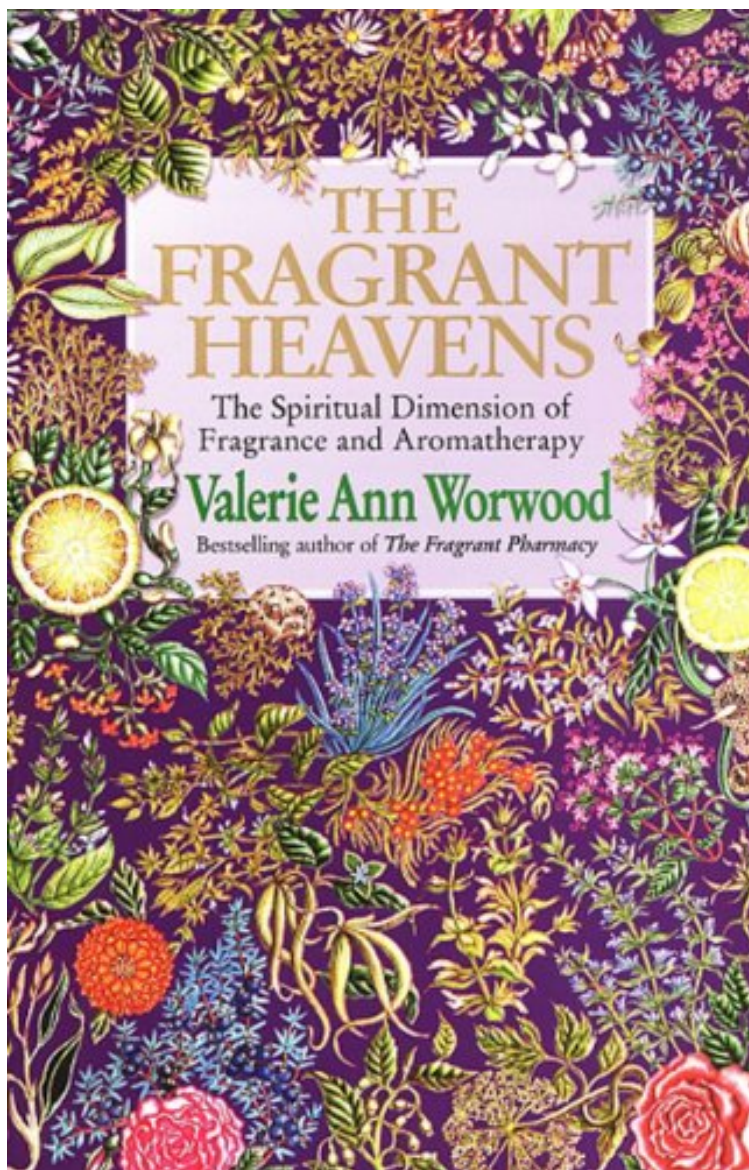


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The Fragrant Heavens



*Par Valerie Ann Worwood
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Description :

Prsentation de l'diteurThe search for spiritual enlightenment has become a major force in the modern world, as people seek a sense of being that goes beyond their need for material goods. With *The Fragrant Heavens* Valerie Ann Worwood breaks new ground by examining the use of fragrance in spirituality. Drawing on the pioneering research of eminent scientists and leading spiritual teachers, *The Fragrant Heavens* provides comprehensive advice on the use of fragrance in many fields of spiritual practice being used today. It describes how plant energies can effect a positive connection between the physical and spiritual self, and how fragrance is associated with the human aura. Extensive exercises and formulas demonstrate how aroma can be used in healing, prayer and meditation. Finally, *The Fragrant Heavens* provides a definitive reference

to over seventy oils, explaining their uses with regard to spiritual and vibrational medicine. Valerie Ann Worwood began her study of how the body, mind and spirit are enhanced through the use of essential oils and aromatherapy treatments in her bestselling books *The Fragrant Pharmacy* and *The Fragrant Mind*. Now, in *The Fragrant Heavens*, she concludes her exploration, providing a truly revelatory and comprehensive study that will guide you in your search for spiritual awareness. Revue de presse "Valerie Ann Worwood is one of the world's leading aromatherapists" (Daily Mail) Presentation de l'auteur The search for spiritual enlightenment has become a major force in the modern world, as people seek a sense of being that goes beyond their need for material goods. With *The Fragrant Heavens* Valerie Ann Worwood breaks new ground by examining the use of fragrance in spirituality. Drawing on the pioneering research of eminent scientists and leading spiritual teachers, *The Fragrant Heavens* provides comprehensive advice on the use of fragrance in many fields of spiritual practice being used today. It describes how plant energies can effect a positive connection between the physical and spiritual self, and how fragrance is associated with the human aura. Extensive exercises and formulas demonstrate how aroma can be used in healing, prayer and meditation. Finally, *The Fragrant Heavens* provides a definitive reference to over seventy oils, explaining their uses with regard to spiritual and vibrational medicine. Valerie Ann Worwood began her study of how the body, mind and spirit are enhanced through the use of essential oils and aromatherapy treatments in her bestselling books *The Fragrant Pharmacy* and *The Fragrant Mind*. Now, in *The Fragrant Heavens*, she concludes her exploration, providing a truly revelatory and comprehensive study that will guide you in your search for spiritual awareness.