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# The book of five rings (English Edition)



Par Anthony Salvitti  
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Dtails sur le produit Publi le: 2013-12-28  
Sorti le: 2013-12-28  
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## Description :

Prsentation de l'diteur Miyamoto Musashi, was the greatest warrior in Japan and perhaps the world. This amazing 16th century martial artist, philosopher, artist, and teacher. Devised his own style of welding both swords at the same time. He killed 60 men in fights, battles, and duels. Some of his wisdom is captured in his "The book of five rings" and to truly understand its essence, will open your eyes as to how advanced he was and the insight he has passed on to us. "As a student of kendo, I had the opportunity of training in Japan. The lessons learned from the hard life Miyamoto Musashi will greatly benefit any martial artist no matter what style you practice". Sensei~Salvitti. Show more Show less Prsentation de l'diteur Miyamoto Musashi, was the greatest warrior in Japan and perhaps the world. This amazing 16th century martial artist, philosopher, artist, and teacher. Devised his own style of welding both swords at the same time. He killed 60

men in fights, battles, and duels. Some of his wisdom is captured in his "The book of five rings" and to truly understand its essence, will open your eyes as to how advanced he was and the insight he has passed on to us. "As a student of kendo, I had the opportunity of training in Japan. The lessons learned from the hard life Miyamoto Musashi will greatly benefit any martial artist no matter what style you practice". Sensei~Salvitti.Show more Show lessBiographie de l'auteurMiyamoto Musashi (1584-1645), was a Japanese swordsman and ronin. Musashi, as he was often simply known, became renowned through stories of his excellent swordsmanship in numerous duels, even from a very young age. The founder of a style of swordsmanship, he also wrote The Book of Five Rings, a book on strategy, tactics, and philosophy that is still studied today. Miyamoto Musashi is widely considered a Kensei and one of the greatest warriors of all time.