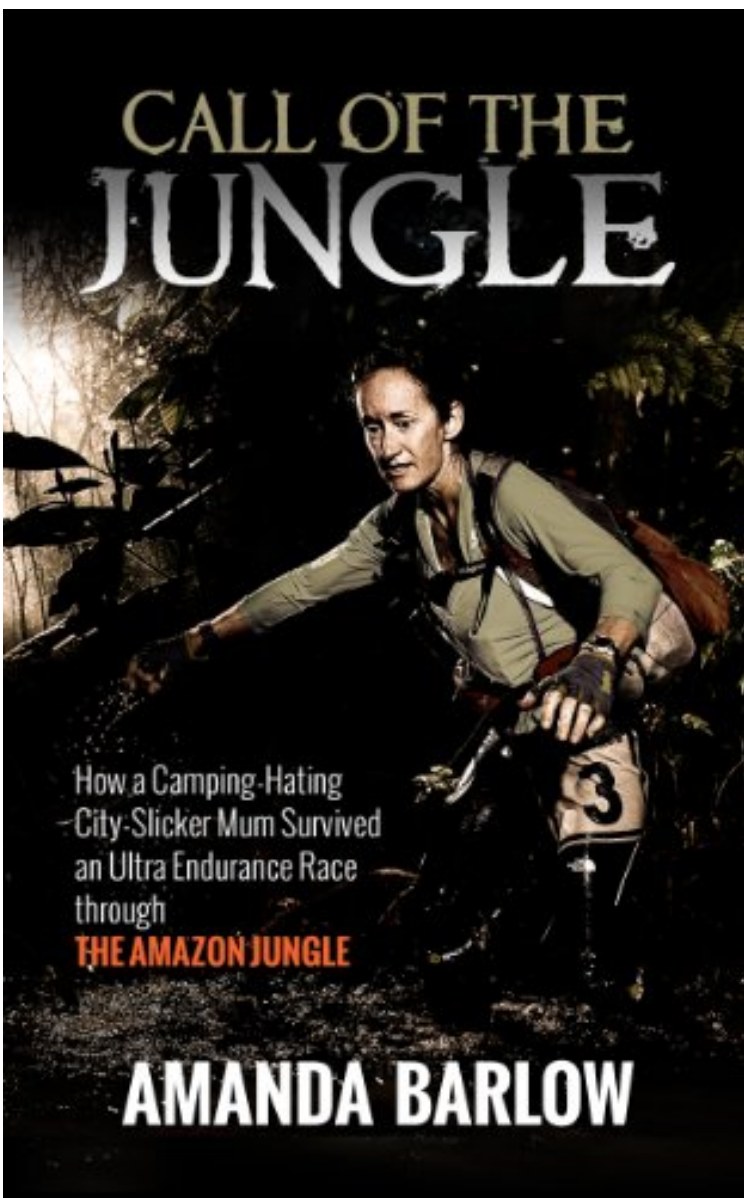


[Free] File size: 20.Mb

Call Of The Jungle: How a Camping-Hating City-Slicker Mum Survived an Ultra Endurance Race through the Amazon Jungle (English Edition)



Par Amanda Barlow
*audiobook / *ebooks / Download PDF /*
ePub / DOC

Dtails sur le produit Rang parmi les ventes :
#1005745 dans eBooksPubli le: 2014-04-
16Sorti le: 2014-04-16Format: Ebook
Kindle

[Free] Call Of The Jungle: How a Camping-
Hating City-Slicker Mum Survived an Ultra
Endurance Race through the Amazon Jungle
(English Edition)

**Par Amanda Barlow : Call Of The Jungle:
How a Camping-Hating City-Slicker Mum
Survived an Ultra Endurance Race through
the Amazon Jungle (English Edition)** before
purchasing it in order to gage whether or not it
would be worth my time, and all praised Call Of
The Jungle: How a Camping-Hating City-
Slicker Mum Survived an Ultra Endurance Race
through the Amazon Jungle (English Edition):

Download

Read Online

Description :

Prsentation de l'diteurThe Jungle Marathon is arguably the worlds toughest endurance race. The 254km

multi-stage, unsupported ultra-endurance race through the heart of the Jungle has unique challenges that no other race can provide, and testimonials from athletes who have completed it leave no doubt that the unforgiving and hostile environment of the Jungle is the ultimate endurance athletes challenge. The route consists of river and swamp crossings in primary jungle, very steep climbs and descents, tracks through deep jungle areas where jaguars roam freely, and beautiful fluvial beaches that separate the inland waters from the dense jungle canopy. The terrain is both stunningly beautiful and soul-destroying in its extremeness. The extreme heat and humidity can have devastating effects on unacclimatized athletes and many fall victim to this every year. Its impossible to tell who may be affected but the sure thing is that every year someone will be affected! Amanda Barlow describes the agony and the ecstasy of her experience, as she becomes the first Australian female to have competed in the Jungle Marathon. Along with 76 competitors, from 22 different countries around the world, she leaves the comforts of home behind to spend a week racing through the deep Jungle with just a hammock and a backpack. Every day provides new challenges, unpredictable obstacles and formidable weather that will test her physical and mental resolve to their limits. The ninth running of the Jungle Marathon would prove to be a race like no other, with a controversial finish to Stage 4 igniting a cascading sequence of events that no-one saw coming. The race director faces some tough decisions that would see her and her team working tirelessly through the night to re-route Stage 5 in an effort to protect the competitors from unpredictable dangers that were never meant to be a part of this race. The future of the Jungle Marathon hinges on the outcome of the final stages of the race and the revelations of what has transpired behind the scenes stuns the physically drained competitors, and in the next 24 hours will divide the loyalties of competitors and organisers alike. One thing is for sure the runners who still remain in the race and cross the finish line of the 6th and final stage, will surely deserve their medal!

Présentation de l'auteur The Jungle Marathon is arguably the worlds toughest endurance race. The 254km multi-stage, unsupported ultra-endurance race through the heart of the Jungle has unique challenges that no other race can provide, and testimonials from athletes who have completed it leave no doubt that the unforgiving and hostile environment of the Jungle is the ultimate endurance athletes challenge. The route consists of river and swamp crossings in primary jungle, very steep climbs and descents, tracks through deep jungle areas where jaguars roam freely, and beautiful fluvial beaches that separate the inland waters from the dense jungle canopy. The terrain is both stunningly beautiful and soul-destroying in its extremeness. The extreme heat and humidity can have devastating effects on unacclimatized athletes and many fall victim to this every year. Its impossible to tell who may be affected but the sure thing is that every year someone will be affected! Amanda Barlow describes the agony and the ecstasy of her experience, as she becomes the first Australian female to have competed in the Jungle Marathon. Along with 76 competitors, from 22 different countries around the world, she leaves the comforts of home behind to spend a week racing through the deep Jungle with just a hammock and a backpack. Every day provides new challenges, unpredictable obstacles and formidable weather that will test her physical and mental resolve to their limits. The ninth running of the Jungle Marathon would prove to be a race like no other, with a controversial finish to Stage 4 igniting a cascading sequence of events that no-one saw coming. The race director faces some tough decisions that would see her and her team working tirelessly through the night to re-route Stage 5 in an effort to protect the competitors from unpredictable dangers that were never meant to be a part of this race. The future of the Jungle Marathon hinges on the outcome of the final stages of the race and the revelations of what has transpired behind the scenes stuns the physically drained competitors, and in the next 24 hours will divide the loyalties of competitors and organisers alike. One thing is for sure the runners who still remain in the race and cross the finish line of the 6th and final stage, will surely deserve their medal!

Biographie de l'auteur Amanda Barlow is a recreational marathon runner who ran her first marathon in 2009, at the age of 49, at the London Marathon. Since then she has completed marathons on all seven continents, earning her an entry into the Seven Continents Marathon Club in November 2012, after running the following marathons: London and Gold Coast 2009, Barcelona and Marine Corps Marathon (Washington DC) 2011, Kilimanjaro Marathon (Tanzania), Great Wall Marathon (China), Inca Trail Marathon (Peru), and finally the Antarctic Ice Marathon in 2012. Prior to competing in the Jungle Marathon in October 2013, Amanda had run over 16 marathons, including the ill-fated 2013 Boston Marathon. The 54-year old mother of three adult children works as a Wellsite Geologist on offshore oil and gas rigs and subsequently is confined to doing most of her training on a treadmill, or running round in circles on a helideck. While the 360 ocean views from the helideck are a peaceful backdrop for running, the repetitive tight circles can cause dizziness and one leg to become shorter than the other so her preference for longer runs is on the treadmill. Competing in destination

marathons is Amandas idea of a holiday, and with many more of the worlds natural wonders to explore, there will no doubt be many more marathons yet to run. The wonderful people she has met, and new friends she has made, have helped fuel her passion for keeping fit so she can continue to run around the world literally!